

Finding 20 Minutes a Day

*We know you are busy -
fixing meals, laundry,
after school activities,
work, volunteering -
they all take precious time.*

*But it is easy to find 20 minutes
each day to read to a child.*

Here are just a few suggestions.

While eating the morning cereal,
read the cereal box together. 10 minutes

Going for fast food? Read the road signs on the way. 10 minutes

While out to dinner at the local pizza parlor,
you can read the menu or the games
on the back of the paper placemat setting 10 minutes

At the grocery there are thousands of things to read!
The signs in the aisles, labels on food, grocery ads. 20 minutes

Busy doing dishes or laundry?
No problem, have your child read to you
while you wash away. 10 minutes

Reading the evening paper? Read the comics together 10 minutes

Turn off the TV after dinner and read with your child. 10 minutes

Bath time! While children are playing and soaping up,
read them a story. 10 minutes

Reading a short story is a great way to end the evening
and calm everyone down for bedtime. 10 minutes

Waiting! We all wait: at the doctor's office,
in line at the grocery, for a prescription to be filled,
at the bus stop, for pizza to be delivered -
turn that waiting time into reading time. 10 minutes

When taking the children to school,
have an older child read to a younger sibling or
have the child read to you while you are driving. 10 minutes

Haircuts can be traumatic for some children -
read to them while the stylist is cutting away. 10 minutes

WOW! That is a total of 130 minutes!

What ideas do you have to fit reading into your daily schedule?

1. _____
2. _____
3. _____



Recommended Reading List from Everybody Reads

There are many wonderful books that cover a variety of topics for children of all ages. This is just a small sampling of books to help you get started.

Remember to read to your child everyday from birth and encourage the “20 minute miracle” into adulthood.



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Babies

Goodnight Moon, Margaret Wise Brown
Peek-A-Boo!, Roberta Grobel Intrater
Brown Bear, Brown Bear, What Do You See?, Eric Carle

Play Books for Toddlers and Preschoolers

The Very Busy Spider, Eric Carle
Where's Spot?, Eric Hill
The Foot Book, Dr. Seuss

Alphabet Books for Preschoolers – First-Graders

Potluck, Anne Shelby
Dr. Seuss' ABC, Dr. Seuss
Alphabatics, Suse MacDonald

Wordless Picture Books for Preschoolers – First-Graders

A Boy, a Dog, and a Frog, Mercer Mayor
Tuesday, David Wiesner
Mouse Around, Pat Schories

Rhyming Books for Toddlers – Kindergartners

Five Little Monkeys Jumping on the Bed, Eileen Christelow
Chicka Chicka Boom Boom, John Archambault
Animal Crackers, Jane Dyer

“Predictable” Books for Toddlers – First-Graders

If You Give a Mouse a Cookie, Laura Joffe Numeroff
Frog's Lunch, Dee Lillegard
Rosie's Walk, Pat Hutchins

Grades 1-3

The Cat in the Hat, Dr. Seuss
Amelia Bedelia, Peggy Parish
Curious George, H.A. Rey
Charlie and the Chocolate Factory, Roald Dahl
Boxcar Children, Gertrude Warner

Grades 4-6

Johnny Tremain, Esther Forbes
Across Five Aprils, Irene Hunt
Where the Sidewalk Ends, Shel Silverstein
Ramona Quimby, Age Eight, Beverly Cleary
Charlotte's Web, E.B. White

Grades 7-9

A Wrinkle in Time, Madeleine L'Engle
The Lion, the Witch, and the Wardrobe, C.S. Lewis
The Call of the Wild, Jack London
Island of the Blue Dolphins, Scott O'Dell
The Pigman, Paul Zindel

Grades 10-12

The Old Man and the Sea, Ernest Hemingway
Of Mice and Men, John Steinbeck
To Kill a Mockingbird, Lee Harper
The Catcher in the Rye, J.D. Salinger
Tiger Eyes, Judy Blume